



# TexanPlus® HMO

For Immediate Release

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## **Neighborhood Centers Inc. Receives \$15,000 Grant from Universal American**

*Monies will aid organization in supporting independent living for older Houstonians*

HOUSTON – Neighborhood Centers Inc. is pleased to announce that it has received a \$15,000 grant from Universal American and its family of companies offering Medicare Advantage health plans and Medicare prescription drug plans. Universal American’s *Collaborating for Good Health* Giving Back Program will allow Neighborhood Centers to build a continuum of services in support of independent living for seniors in the Houston area.

“We are delighted that Universal American has selected our organization for this generous grant,” said Ann Hilbig, vice president of program planning and evaluation of Neighborhood Centers Inc. “We recognize that the health and well-being of our low-income seniors is dependent upon support from generous community partners like Universal American.”

Neighborhood Centers Inc. is a 102-year old Houston-based nonprofit organization that provides a comprehensive range of community-based programs and services for young people, families and seniors. According to research by the Texas State Data Center, the number of residents age 65 years and older in Harris County is expected to reach 1,063,000 by 2040, a growth rate 2.3 times all other age groups in the Greater Houston area. Neighborhood Centers maintains that older residents who are able to “age in place” and remain in their own homes and neighborhoods are assets to their families and their communities.

The grant money from Universal American will be used to provide a number of services to help seniors remain independent. The services include social activities, health and wellness screenings, nutrition education, and providing daily meals.

According to Erin Page, senior vice president of the TexanPlus® HMO health plan in Houston, offered through the Universal American family of companies, “Our Healthy Collaboration<sup>SM</sup> model demonstrates our approach to health care and that the key to a healthy community is

through the support of programs that assist underserved populations such as limited-income people with Medicare. It is an honor to support organizations like Neighborhood Centers that share this same commitment to embracing older adults.”

Universal American, through its family of healthcare companies, is focused on providing comprehensive and affordable healthcare for people with Medicare. Universal American’s plans are based on A Healthy Collaboration<sup>SM</sup>, which is a dedication to working collaboratively with its members and their healthcare professionals in order to improve their overall health and wellbeing.

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### **About Neighborhood Centers Inc.**

Neighborhood Centers Inc. brings resources, education and connection to more than 236,000 people throughout the Texas Gulf Coast area each year. For more than 100 years, Neighborhood Centers has offered comprehensive community-based programs for people at every stage of life – from infants to seniors. We work with residents of underserved communities in 59 service locations to help them discover the strengths and skills necessary to become productive, prosperous and self-sufficient. Founded in 1907, Neighborhood Centers Inc. combines passion, commitment and an entrepreneurial philosophy to make the human dream a reality for all who are willing to work for it. Neighborhood Centers Inc. is a United Way agency. For more information, visit [www.neighborhood-centers.org](http://www.neighborhood-centers.org).

### **About Universal American**

Universal American, through its family of healthcare companies, offers benefit plans designed to promote collaboration among our members and their healthcare professionals. This Healthy Collaboration<sup>SM</sup> improves the health and well being of more than two million people with Medicare every day. For more information on Universal American and its Medicare Advantage and Prescription Drug Plans, which include: TexanPlus<sup>®</sup> HMO, Today’s Option<sup>®</sup> PPO, Today’s Options<sup>®</sup> PFFS, Community CCRx<sup>SM</sup> PDP and PrescribaRx<sup>SM</sup> PDP, offered in the Houston Area, visit [www.UniversalAmerican.com](http://www.UniversalAmerican.com).

### **About Universal American’s *Collaborating for Good Health Giving Back Program***

Through its Giving Back Campaign, Universal American supports local organizations that are dedicated to helping older adults and people with Medicare maximize access to services and increase their quality of life.